

## SABBATH SOUND BATH

February 16, 2019

Jerome Ellis – saxophone, flute, synthesizer, voice

Michelle J. Rodriguez – voice

Diana Oh – voice

John Murchison – qanun, ney, oud

Charlotte Mundy – voice

Lachlan Rudd – singing bowl, narration

Clover Rudd – singing bowl, hosting

“De la gloriouse fenix” (Of the glorious phoenix) is a medieval French song. The last verse goes:

*Dame de qui [muet et] descent  
mes solaz, ma joie et mes ris,  
deffendez m'ame de torment  
et mes cors d'estre malbailliz.  
Je croi que ja n'iert desconfix  
qui a vostre aide s'atent:  
tres douce dame, a vous me rent.  
Vostres cors de pitié garniz  
ne fu onques las ne faintiz  
de ceus aidier qui bonement  
ont le vostre secours requis.*

Lady from whom descends  
my solace, my joy, and laughter,  
defend my soul from torment  
and my body from being mistreated.  
I believe that one who depends  
on your help will never be disappointed:  
Sweet lady, I give myself to you.  
You heart, garnished with mercy,  
will never be weak nor faint  
in aiding those who sincerely  
ask for your help.

The other song we sang goes:

*quaemadmodum desiderat cervus  
ad fontes aquarum,  
ita desiderat anima mea  
ad te deus*

as the stag desires  
the springs of water,  
so my soul desires  
you, o god

*aqua tua vadit cum silentio  
sonet vox tua in auribus meis  
ut congregarentur aquae  
in congregationem unam*

your water flows in silence  
your voice sounds in my ear  
may the waters be gathered  
into one body

The Latin text is drawn from St. Jerome's translation of the Psalms, St. Augustine's *Confessions*, and a sermon by the 12th century monk Aelred of Rievaulx.

A portion of the proceeds from today will be donated to the grassroots organization Moms Demand Action for Gun Sense in America. Find out more and donate at [momsdemandaction.org](http://momsdemandaction.org).

Thank you to birthday boy Marcus Middleton for filming and taking photos. Thank you to James Monaco for working the door. Thank you to Mei Ann Teo for the singing bowls. Thank you to the musicians.

Thank you to the Rudds – Jenn, Thaddeus, Lachlan, and Clover – for having us in their home.

*Sky to mountain to stream to river to estuary to ocean to sky*

## 37 De la gloriose fenix

Handwritten musical score for 'De la gloriose fenix' featuring four staves of music in common time. The lyrics are written below the staves, aligned with numbered measures 1 through 14. The music consists of quarter notes and rests.

1 S. occ.:

2 S. occ.: (c d-b)  
TER SES

3 S. occ.:

4 S. occ.:

5 S. occ.:

6 S. occ.:

7 S. occ.:

8 S. occ.:

9 S. occ.:

10 S. occ.: (d-b-a c-d)  
es-ci —

11 S. occ.:

12 S. occ.:

13 S. occ.:

14 S. occ.:

DE LA GLO-RI-OU-SE FENIX, MERE ET FILLE AU DOUZ PELLICANT  
QUI POR RACHATER SES A-MIS ES-PAN-DI SON PRE-CIOUS SANC,  
M'ESTUET CHANTER D'ORE EN A-VANT · EN-SI COM JE L'A ENTREPRIS ;  
NE M'EN TROU-VE - RA RE-CRF-ANT. AINZ MORRAI A MON ESCI-ENT  
NE JA TANT COM JE SOI-E VIS . EN CE-STF VO-LEN-TÉ RA-VIZ COMME ROUSIGNOL EN CHANTANT.

- 1 S. occ.:
- 2 S. occ.: (c d-b)  
TER SES
- 3 S. occ.:
- 4 S. occ.:
- 5 S. occ.:
- 6 S. occ.:
- 7 S. occ.:
- 8 S. occ.:
- 9 S. occ.:
- 10 S. occ.: (d-b-a c-d)  
es-ci —
- 11 S. occ.:
- 12 S. occ.:
- 13 S. occ.:
- 14 S. occ.: